

## Hall Hire

Royal British Legion Hall	01296 713287	
Scout Hut	01296 713202	Denise Ward
St Laurence Room	01296 715185	Derry French – derryfrench@btinternet.com
Winslow Public Hall	01296 715185	Derry French – derryfrench@btinternet.com
Winslow Sports Club	07713 073438	Jane Keys
Winslow Bowls Club	01296 670644	Joan Poole

## Arts

Lenborough Singers	07742 016046	Guy Hawking. Amateur choir singing choral works and popular songs etc. www.lenboroughsingers.com
Queens Park Arts Centre	01296 424332	Workshops in arts, crafts, theatre, music, dance etc. www.qpc.org
The Film Place	01296 822024	Buckingham Community Cinema. Showing films most Friday & Saturday nights. www.thefilmplace.org.uk
Winslow & District Art Society	01280 813733	Alicia Vaux – aliciavaux@btinternet.com
Winslow Concert Band	0845 4591994	Fiona Storey – secretary@winslowconcertband.co.uk
Winslow Players Drama Association	01296 715185	Derry French – derryfrench@btinternet.com

## Business

Winslow Federation of Small Businesses	01296 713010	Trevor Goosey - trevor@oakparkalarms.com
Winslow & District Chamber of Trade	01296 713010	Trevor Goosey - trevor@oakparkalarms.com

## Other specialist help

Funeral Director: Heritage & Sons	01296 713341 (24 hrs)	heritage.winslow@cpjfield.co.uk 63 High St, Winslow.
Swan Credit Union	07443 926683	Diane Butler. Economic saving & loaning facility for those struggling financially. dbutler@swancreditunion.org.uk
Windmill Veterinary Centre	01296 715660	www.windmill-vets.co.uk

# The Really Useful Guide to Winslow



Edited by Winslow Big Society Group  
accurate as at March 2017

[www.winslowbigsocietygroup.org](http://www.winslowbigsocietygroup.org)

## Important numbers

<b>Police, Fire and Ambulance</b>	999
<b>Non emergency police</b>	101 (use option 2 to speak to a specific officer or PCSO) or <a href="https://www.thamesvalleypolice.uk/reptcr/reptcr--repform.htm">https://www.thamesvalleypolice.uk/reptcr/reptcr--repform.htm</a>
<b>Winslow &amp; District Neighbourhood Policing Team</b>	winslowanddistrictNHPT@thamesvalley.pnn.police.uk
Winslow Police Office:	Open 10.00-14.00hrs, Mon – Sat. Messages can be left here for Neighbourhood Team.
<b>Non emergency health</b>	111 (free on all phones) NHS Choices: <a href="http://www.nhs.uk">www.nhs.uk</a>



Funded by

For updating, please contact [vcorben1@gmail.com](mailto:vcorben1@gmail.com)

## Town information

Aylesbury Vale District Council (AVDC)	01296 585858	www.aylesburyvaledc.gov.uk
Bucks County Council (BCC)	01296 395000	customerservices@buckscc.gov.uk
Citizens Advice	0844 2451289 or	www.citizensadvice.org.uk admin@buckinghamcab.org.uk
Markets	Market Square	Every Wednesday and Farmers Market on first Sunday of month
Neighbourhood Watch	01296 396262	Diane Brown (Coordinator)
Winslow Community Library	0845 230 3232	library@buckscc.gov.uk (book renewals). Variety of activities held here
Winslow Parish News	01296 715789	wpneditor@winslowbenefice.org.uk
Winslow Town Council	01296 712448	www.winslowtowncouncil.gov.uk clerk@winslowtowncouncil.gov.uk

## Health

Counselling – Relate	01296 427973	Individuals, couples and families: www.relateaylesbury.org.uk enquiries@relatemtbc.co.uk
Counselling – Cruse	01296 425757	support@crusebucks.org.uk. Free bereavement counselling and Aylesbury support group.
Buckingham House dental practice	01280 821927	(NHS dentist)
Dentist – Dr Ketan Karlekar	01296 712548	4a High Street info@winslowdentalpractice.co.uk
White House Dental Studio	01296 712264	34 High Street info@whitehousedentalstudio.co.uk
Lloyds Pharmacy	01296 712061	82 High Street
Norden House Surgery	01296 713434	GPs - www.nordenhousesurgery.co.uk
Opticians	01296 712043	Brian Clark, 42 High Street.
Winslow Health Centre	01296 714777	Health visitors, chiropody, district nurses etc.
Over 75 team and telephone befriending service: c/o Norden House Surgery	01296 713434	and choose option 6.

## Health groups

Action on Hearing Loss	01296 479970 Text phone 01296 485154	bucks@hearingloss.org.uk – charity supporting people with a hearing loss and their carers. Service includes cleaning hearing aid tubes in own home.
------------------------	--------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------

Health & mobility equipment hire	01296 739302	Open Tues , Wed & Friday. www.redcross.org.uk
Flow Foods	01908 665976	Meals delivered to the door
Message in a bottle	08458 337817	A plastic pot kept in the fridge containing helpful information the emergency services would need to help you in an emergency.
Milkman services	0345 6063606	www.milkandmore.co.uk – range of shopping to your door
Neighbourhood Return	0116 229 3118	Network of volunteers who help locate missing people quickly – for people with memory problems www.ourturn.org.uk
Newspaper delivery	07834 902196	Sue Carvell
St Vincent de Paul Society	01296 714726	Mary Williams. Mary.williams.j@gmail.com Serving the poor, visiting the elderly and bereaved and some very small grants to individuals.
Stroke Club	0303 3033 100	www.banddssg.org.uk or bssg@live.co.uk
Soldiers, Sailors, Air Force Association (SSAFA)	01296 712513	empepper@talktalk.net. Charitable support for former armed forces personnel.
Winslow Big Society Group	01296 712460	Vron Corben. www.winslowbigsocietygroup.info Town group providing varied activities to elderly and young families.

## Transport

North Bucks Hospital Car Service	01296 713434	Covers trips to appointments at local hospitals.
Winslow Community Car Scheme	07508 330750	winslowcarscheme@gmail.com Low cost service to GP, shops, dentist etc, for Winslow residents only .
Winslow & District Community Bus	01296 715786	Sue Marchant - Days out and trips to the theatre as well as regular services to the surrounding area. wdcbenquiries@btconnect.com

## Social and other clubs

Cards & games	01296 712416	z.sutherland@btinternet.com Zoe Sutherland . Monthly cards & boards games with tea. 1st Monday of month, Winslow Bowls Club, 2.30-4pm.
Lions Club of Winslow	08458 337817	info@winslowlions.org.uk (Men only)
Memories	01296 713106	suandi57@hotmail.com Sue Keane. Share your memories over a cup of tea. 3rd Monday & 3rd Wednesday of month. Winslow Community Library , 2.30-4pm.
Rotary Club (Men only)	01296 670451	Paul Gillett paul.gillett@which.net
Royal British Legion –Branch	01296 670231	Graham Reid
Royal British Legion –women	01296 715854	Margaret Edwards
Singing for pleasure	01296 714678	gandabowe@btinternet.com Monthly singing for all, 4th Thursday of month, St Laurence Room. 2.30--4pm.
Winslow Anglo French Twinning Association	01296 712460	Dennis Corben. Annual twinning visits, other meetings etc. dencorben@gmail.com
Winslow Bridge Club	01296 720742	Ann Lynch All levels of play, tuition available.
Winslow Garden Society	01296 713112	Liz van de Poll – lizmvandepoll@aol.com
Winslow Men in Sheds	02196 714164	Dave Saunders. www.meninshedswinslow.org.uk Opportunity for men to meet, chat , DIY etc twice weekly.
Winslow Show Association	01296 713106	Sue Keane – suandi57@hotmail.com
Women’s Institute (Earlybirds)	01296 714775	Sue Pearson winslowearlybirds@gmail.com 3rd Tuesday 10 - 12.
Women’s Institute (Evening)	01296 670335	sec.winslow.wi@btinternet.com 1st Wednesday, 7.30pm

## Social and Community Care

Aylesbury Rape Crisis	01296 392468	www.avrc.org.uk Support services for women experiencing domestic violence or sexual assault
Aylesbury Women’s Aid	01296 436827	www.aylesburywomensaid.org.uk Support services for women experiencing domestic violence or sexual assault
Carers Trust	01908 260444	lgallop@carerstrustthames.org.uk

Breathe Easy support group	01296 712416	Zoe Sutherland - be.wnslw_bcknghm@btinternet.com - Or www.blf.org.uk. Support group meets at Winslow Bowls Club on last Wednesday of the month, 2-4pm.
Bucks MIND	01296 437328	info@bucksmind.org.uk – charity supporting people with mental health needs and their carers
Bucks Stroke Support	0300 3300 761	bucksstrokesupport@stroke.org.uk – charity supporting people who have had a stroke and their carers
Bucks Vision	01296 487556	reception@bucksvision.co.uk – charity supporting people with visual impairment, activities and befriending.
Falls Prevention service	0844 225 2403	Help and advice on staying strong and steady. NHS service.
Friends of Florence Nightingale Hospice	01296 713223 01296 429975	maureenfrench@btinternet.com Information@fnhospice.org.uk
Friends of Winslow Health Centre	01296 713106	Sue Keane – suandi57@hotmail.com
Parkinsons UK	0344 225 3373	Denise Wilcox adviser1.south central@parkinsons.org.uk
Freephone helpline	0808 800 0303	Charity supporting people with Parkinsons disease and their carers.
Willen Hospice (fundraising)	01296 713420	Veronica Cockman

## Churches

St Laurence C of E	01296 712564	rector@winslowbenefice.org.uk
St Albans RC Parish	01908 309720	stalbanswinslow@gmail.com
Winslow Christian Fellowship	01296 715341	administrator@winslowcf.org
Winslow Tabernacle	07875 080844	Tom Harrison www.winslowtabernacle.org

## Schools & Adult Education

Winslow C of E Combined School	01296 712296	office@winslow.bucks.sch.uk
Buckingham County Secondary School	01280 812206	office@buckingham.bucks.sch.uk
Cottesloe School (Secondary)	01296 688264	office@cottesloe.bucks.sch.uk
Furzedown School (5-18)	01296 711380	office@furzedown.bucks.sch.uk
Royal Latin School (Grammar)	01280 813065	office@royallatin.bucks.sch.uk
Sir Thomas Fremantle Free School (Secondary)	01296 711970	www.sirthomasfremantle.org or headmaster@sirthomasfremantle.org
Bucks adult learning		www.adultlearningbcc.ac.uk



## Younger People

Air cadets: 13 – 17 years		Meets in Buckingham on Monday and Wednesday evenings . Contact: adj.1563@aircadets.org
Army cadets: 11 – 18 years	07891 552542	Mondays 7.30 - 9.30. Winslow Youth Centre, Avenue Road. rebloomfield@anymail.mod.uk
Aylesbury Youth Action:	01296 421149	www.aylesburyyouthaction.co.uk volunteering activities for 14-25sto help develop skills and confidence.
Aylesbury Youth Concern	01296 431183	Coffee bar and drop in centre, counselling etc. www.youthconcern.org.uk
Beavers, Cubs and Scouts		www.scouts.org for all applications, and follow links
Buckingham & Winslow Young Carers: 7-18 years	01280 817772	Margo Parfitt. margo@fisherfield.plus.com Young Carers, caring for a family member who is disabled, has a long term illness or condition.
Bucks Play Association	01296 437465	www.bucksplay.co.uk runs holiday play schemes and loans toys and play equipment
Parents' / carers' drop in	01296 712460	Every Monday 9-10am in term time at Library. A chance to have coffee and a chat together whilst children entertained. No charge.
Puzzle Centre :	01296 733900 or 01296 711547	www.puzzlecentre.org.uk Specialist nursery, assessment and support for children up to 11 and training for practitioners and parents.
Rainbows, Brownies and Guides	0800 1695901	https://enquiryym.girlguiding.org.uk for all applications, and follow links
Rising Stars Day & Out of School Care	07887 744890	Care from 18 months to 11 yrs, including holidays. 7am - 6pm. risingstarswinslow@gmail.com
Tree House pre-School: 2 – 5 years	01296 712333.	www.treehousepre-school.co.uk or adminofficer@treehousepre-school.co.uk
Winslow Baby & Toddler group: 0 – 5 years		Tuesdays and Fridays, 10 - 11.30, Winslow Public Hall. Just come along. winslowbaby&toddlergroup@gmail.com
Winslow Countrysiders, (Junior Young Farmers): 10 – 14 years	01296 730235	First Wed each month from 6.15 - 7.45 at Winslow Youth Centre, Avenue Road. Contact: Pauline Claridge
Winslow Teen Café: 13 – 19 years	07875 080844	Pool, free refreshments, table tennis, etc. Sunday evenings, after 6.30pm meeting. Winslow Tabernacle, next to 160 High St. Tom Harrison at t.harrison@firenet.uk.com

Winslow Youth Club:  
11 – 17 years

07834 036311  
0797 7926596

Every Friday in term time, 19.00-21.00hrs,  
Winslow Youth Centre, Avenue Road. X box,  
tuckshop, Nintendo, music, arts, sport, web  
etc. Dave Rollins at Dave.cafe@me.com

## Older People

Age UK Bucks	01296 431911	age@ageukbucks.org.uk. Free information & advice service. Some chargeable services include cleaning & toe nail cutting.
Contact the Elderly	01296 713256	Tessa Parry. Monthly Sunday tea for isolated elderly, by referral.
Friendship lunches	01296 714253	2 <sup>nd</sup> Tues, for anyone isolated in any way, and who enjoys a chat with simple good food. Kmpeck@btinternet.com
General information on range of services (AVDC)		www.aylesburyvaledc.gov.uk/community-living/older-residents-50/
Memory Support	01296 331749	memorysupport@alzheimers.org.uk Information , advice, support and memory screening for those with any form of dementia and their carers.
University of 3 <sup>rd</sup> Age		www.buckinghamu3a.org.uk For people no longer in full time work, to share wide range of learning / interests.

## Sports clubs and physical activity (all levels)

Exercise & Stability classes	01296 712146	z.sutherland@btinternet.com. Classes for all abilities including mat based pilates, aerobic workout, and one for those with health & mobility issues. Various days.
Gentle Walks	01296 713686	Malcolm McPartlan. Weekly walks for gentle exercise, at various levels. Wednesdays 10--11am, meet at St Laurence Room at 10am. Coffee after.
Winslow Bowls Club	01296 714026	Victor Griffiths. vic.rose1@tiscali.co.uk
Winslow Croquet Club	01296 620277	Di Kemp
Winslow United Football Club	07944 258838	David Ward – davden@tesco.net
Winslow Judo Club	07720 715853	Julia Halstead - winslowjudoclub@hotmail.co.uk
Winslow & District Ramblers	01296 713569	Peter Alsford
Winslow Rugby Club	01296 713136	Duncan Wigley
Winslow Sports Club	07713 073438	Jane Keys
Winslow Lawn Tennis Club	01296 714448	Guy Grierson. Tennis at all levels, including coaching.
Winslow Football Club	07791 598346	Gareth Robins